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Date_____

SPORTS ACTIVITIES

In a Bachelor of Education (B.Ed.) college, sports are far more than just an extracurricular diversion or a way to fill an afternoon block. They are a core pedagogical tool. Since B.Ed. colleges are tasked with shaping the future architects of the school education system, the sports curriculum here serves a dual purpose: personal development for the teacher trainees, and professional training for their future classrooms.

Important Core keys for sports in the teacher education:

1. Experiential Learning of "Active Pedagogy"

To shift schools away from rigid, sedentary rote learning, teachers themselves must experience the dynamics of active learning.

2. Kinesthetic Intelligence: Engaging in sports helps future educators understand how movement, coordination, and physical play stimulate cognitive development and retention in children.

3. Inclusion in Action: Adapting sports for various skill levels gives student-teachers practical insight into how they can later modify classroom activities for diverse learners, ensuring no child is left on the sidelines.

4. Cultivating Affective and Social Skills A great teacher doesn't just deliver a syllabus; they manage emotions, motivate groups, and build community. Sports act as a live laboratory for these exact soft skills.

5. Emotional Regulation & Resilience: Facing a loss on the field teaches future teachers how to model resilience, handle failure gracefully, and manage stress—traits they will desperately need when guiding anxious or frustrated students.

6. Teamwork and Democratic Values: Team sports instill a deep understanding of collaboration, collective responsibility, and sportsmanship, which directly translates to managing staff rooms and collaborative school projects later on.



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7. Practical Training for Holistic School Duties

When these trainees graduate and enter secondary schools, their responsibilities will extend well beyond their subject specialization (like English or Science).

Organizing School Events: By planning and participating in college sports meets, sports days, and inter-house competitions, B.Ed. students learn the logistics, event management, and safety protocols required to run these events in schools.

The "House System" Dynamics: Sports in B.Ed. colleges mirror the school house system, teaching trainees how to foster a healthy spirit of competition, mentor student groups, and build institutional loyalty.

8. Mental Health and Stress Alleviation

The intensive academic load of a B.Ed. program—balancing lesson planning, action research, micro-teaching sessions, and internship documentation—can easily lead to burnout. Regular physical activity acts as a crucial stress buster, improving cognitive function, focus, and overall well-being for the trainees.

9. The Ripple Effect: A teacher who values physical fitness, fair play, and outdoor activity will naturally foster a vibrant, healthy, and holistic environment in their future classrooms. You cannot produce active, well-rounded school students using sedentary, burned-out teacher trainees.

Annual Sports program Annual Sports Meet - 22nd December 2025

Reporting Time for Staff and Students- 06.30am

- ❖ The sports function begins by welcoming Mr. Vishnu Dandekar (Trustee) with the guard-of-honor.
- ❖ Welcoming the Chief Guest with Principals by pinning of the badges at the Main Gate
- ❖ Afterwards Chief Guest **Dr. Vinay G Bhole** reaches the site of Mashal!. The torch



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bearer Mast. Vedant Tare takes one round on the track and hands over the Mashal to the Chief Guest.

- ❖ After lighting of the torch, the Chief Guest is escorted till the centre of the ground towards the Salami Stand and the Farman (Scroll) is handed over to the Chief Guest.
- ❖ Welcoming Chief Guest on the Dias
- ❖ Introduction of Chief Guest and presentation of bouquet and memento
- ❖ Speech by Chief Guest
- ❖ Final events of sports begin
- ❖ Prize distribution function ceremony will be going on.
- ❖ Vote of thanks

SPORT STOCK 2026-2027

SR.NO	NAME
1.	VOLLEY BALL
2.	FOOTBALL
3.	HAND BALL
4.	THROW BALL
5.	BASKET BALL
6.	SHOT PUT
7.	DISCUSS THROW
8.	JAVELINE THROW
9.	BADMINTON RACKET
10.	SHUTTLE COCK
11.	CARROM BOARD



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12.	CARROM STAND
13.	COINS
14.	FOOTBALL CLUVES
15.	ROPE SKIPPING
16.	AIR PUMP
17.	TCHOUCK BALL NET
18.	BATTON
19.	CLAPPER
20.	MARKER
21.	TABLE TENNIS
22.	TABLE TENNIS BAT
23.	RINGS
24.	ATHELETIC STARTER BLOCK
25.	CRICKET BAT
26.	CRICKET STUMP
27.	HOUSE CAP
28.	WEIGHT MACHINE
29.	LAWN TENNIS
30.	METER TAPE
31.	CHESS BOARD
32.	HUDEL 12'
33.	CRICKET KIT
34.	TUG OF WAR ROPE



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35.	FOOTBALL NET
36.	FOOTBALL CORNER FLAG
37.	BADMANTION NET
38.	VOLLEYBALL NET
39.	ATHELETIC CONS 12"
40.	ATHELETIC CONS 6"
41.	YOGA MAT
42.	LEDER
43.	CARMON TIKER
44.	HOCKEY BALL
45.	CRICKET SESION BALL
46.	HOCKEY SOFT BALL

SPORT STOCK 2026-2027

47.	BASE DRUM
48.	SIDE DRUM
49.	BIGUL
50.	STICKS
51.	FLUTE
52.	MAJOR STICK
53.	WOODEN DUMBELLS



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54.	LEZIM
55.	FLAG STICK
56.	HARMONIUM
57.	TABLA
58.	SNAIR
59.	UNIFORM (JACKET & PANT)
60.	CAP
61.	WASTE BLATE
62.	MAJOR DRESS
63.	MAJOR SALSH
64.	LEMAYARD



Dr.Ratnaprabha Rajmane
I/C Principal